

Report of the Exploration 'Dragon Dreaming' Island Brač April 2011

The Place

The Croatian Island Brač is the focus of a heart centre that channels cosmic love and distributes the Earth's vital energy across a wide region. A group of us have started to work with this energy to fully unfold. This is the report of our third exploration of Brač. This time we were staying in Milna, on the Western side of the island. Alda Gerchi, Urša Vidic, Angela Voigt, Ute Alsdorf and Sabine Engelhardt contributed to this workshop and report.

The Theme

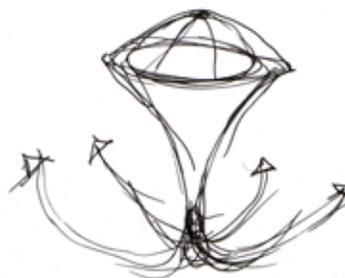
Following our theme 'Dragon dreaming', we investigated various dragon places on Brač, and a focus of new energies in the sea. We also advanced our personal and joint visions for the evolving GeaViva project on Brač, using methods for community ventures pioneered by John Croft.

Having settled into our accommodation – my little sailing boat - we connected with each other, the island and our theme in Bobovišće-na-moru.

We asked for the key to the island's energetic structure and for information how to support the dragon energies on Brač finding balance during our workshop.

Alda saw the mountain Vidova Gora as a strong winged being like an eagle.

Angela received the guidance to bring out what is inside and to communicate through writing. This,



Cosmic Heart Centre:
Energy Flow



she stressed, is of great importance for this project. She also felt that transformation and continuity of time – the connection of past and future- are vital.

The message I received was "Witness the dragon as a positive and vital force. Give me (the dragon) peace. Acknowledge my presence and good will".

Bobovisce-na-moru

Focus of Water Elementals

Set within a small park, Bobovišće is blessed with a spring close to the seashore. Three blue nymphs appeared to me who were dancing in a circle above the spring water and moved towards the sea. There they showed me an old wooden merchant ship coming into the harbour. It was filled to the top and carried many riches. I had the notion that it was a sign of abundance, which is available to everyone once we let go of the limitations, that are holding us back.

Ute felt grounded, and noticed a strong presence of heart quality and had the sense of being with the mother.

Lozisca

Earth Soul Portal, Green Christ

The church spire of Sv. Ivana i Pavla (St. Peter and Paul) proudly towers above Ložišća. Built in the 19th century, the church's forecourt features a large ornamented stone cross, on which Alda discovered the sign she saw before in Bobovišće-na-moru: a winged being. I noticed two hearts being



carved above the church entrance. Inside was also a depiction of a heart rising out of a chalice, which is pictured on the right.

Initially we tuned in around the forecourt, then we were lucky to find someone who had a key to the church.

Ute perceived a lion as she was walking through the gates, and was aware of a resonance with her third eye and crown. All around the tower the plant 'snapdragon' was present, which is lion's mouth in German. In the church she had the sense of a strong downwards connection.

In the courtyard I felt that the throat chakra was blocked. A woman guardian appeared and turned away saying 'I cannot speak', as if someone has interfered with her role. After I saw a sphere of blue light, which seems very exquisite like a treasure.

For Urša the fertility of the sun was flowing down the valley from here to Bobovišće, also to be felt at monumental rocks along the road between the two towns, where we stopped before. It reminded her of the Green Christ, appearing in plants of the Earth.

Alda felt that the place 'pushes you to another level', to take the next step in life. Inside the church, Angela noticed sun rays above the altar, which looked like a Jakob's shell. She also

Alda explored the area behind the church and took us all there. She has a strong sense of excitement there, felt an expanding heart and had a sense of resurrection. Alda also felt volcanic energy, fire en-



ergy rising from the depth of the earth, which was so intense that her feet were tickling/ itching and her heart expanding.

We also found a small dead snake there, that resembled the same shape as the winged being.

As a group, we perceived the following there: "I am a spring. I give the gift of life."; water flowing out of a rock after being touched with a stick, sheep, fertility, energy bursting up from the ground. I perceived this place as an Earth Soul portal – a place where one can contact the underlying nourishing system of the Earth.

To complete the series of Biblical references, a donkey appeared with its owner, on the way of delivering water to the mountain sheep. We had a nice chat, learned quite a bit about donkeys, and got to know "Linda".

Zmajeva Špilja Red Goddess

Zmajeva špilja (Dragon's cave) embodies the Red Goddess on Brač. Prior to its use as a hermitage, this has probably been a place of pilgrimage where women asked to have children. The ceiling, indeed, looks like a vulva. It also might have been a place of initiation into adulthood for young women. When entering previously, Alda had exclaimed "This is Mokoš' place". Mokoš is the Slavic goddess who half of the year lives with the thunder god Perun, and the other half with Veles, the god of the underworld. Later a small chapel of 'The immaculate conception' was erected inside the cave, according to the guide Zoran.

Due to its rich carvings, the cave is visited by many tourists during the season. We were the second



group this year, and the place felt energetically more accessible after its winter break. Following our visualizations and toning on the two previous visits, the cave now feels lighter, more open and positive.

Urša and I took turns to sit right in one of the hermit cells right at the back of the cave. Urša had the impression of a vertical snake-like movement between the sea and the mountain, a quick movement from left to right and then from back to front.

I tried to connect with the monks who might have been sitting in this position, and felt a great sense of expanding consciousness. I was shown an exercise to feel the presence of our inner light by peeling away our outer layers like an onion. The cave appeared to be a pool of green light and I also saw a priestess.

Angela felt a strong division between male and female principles in this location.

By the side of the dragon's cave we tried the 'onion' exercise: firstly to feel connected to the cave and then to journey inside ourselves, getting smaller and smaller, opening up each layer of existence one by one, until we see the our inner core, the silver flame of our essence. We waited to receive whichever message our essence wished to convey. Then we journeyed back embodying the message received into each layer of our auras, and closing each layer one by one. In our exchange we noticed later, that most of us had found their own variation of this exercise.



Urša was moving through the onion in a spiral, so that its leaves were gliding apart slowly, with the help of a waterfall. There was a need for equilibrium on the way out, so the spiral was turning in the other direction, which reminded her of the two snake-like movements, grounding the cosmic snake from the sea.

Alda became aware of a golden ball up in the sky that was moving towards the sea and dived into the water. Then very bright golden birds like pigeons were flying out of the cave. These were messengers who conveyed that it is important to write down information about this place and send it out.

Angela received that it is important that the ground is carefully and well prepared, in order for new seeds to flourish. For her the picture was an artichoke, with a solid base and intricate leaves. Someone also perceived the sentence "I harmonize to survive."

I got in touch with a deep inner desire of unity with other people and the landscape, and felt that the cave is now well grounded and connected with the impulse of cosmic love.

Ute saw a donkey arriving with water and bringing nourishment. She felt that the onion was not centred around her alone, but surrounding the entire



group.

On our return to the village Murvica, I took a photo of the aloe vera bud on the previous page, and discovered later that the plant was surrounded by orbs.

Dračevica

Dragon as a focus of elemental beings

Alda informed us that Dračevica is a female dragon, and I have since found that the nearby stone quarry and hill are called Dragonjik, which means “male dragon”.

We tuned in front of the chapel Saint Cosmas and Damian. Inside statues of both saints were carrying a heart in their hands. They are regarded as the patrons of physicians and surgeons, and were early Christian martyrs executed under the Roman Emperor Diocletian.

When I prepared this workshop a dragon's tail was very tangible there, which he was beating furiously. So this is likely to have resonated with my own anger. This time I experienced it as an underground cavern filled with light, where people were bathing. There was a sense of deep awareness of one another, the boundlessness of water and a connection to heart qualities.

Alda felt that this is a place where emotions come gently to the surface – a place for connecting and healing emotional wounds.

Angela saw green and then a connection with the cosmos, a leaf of Algave, and a dragon connecting Earth and cosmos. A green sign appeared that be-



came lighter and changed to gold. She interpreted this as an impulse for life, creating and supporting vegetation in the wider context.

Urša experienced the beings of water, air, earth and fire in a perfect equilibrium, a richness of emotional life, nurturing the entire island.

After we were surprised by a most exquisite and joyful bell concert from the main church tower, which was fit for a big city.

We walked through the surrounding village, which was very peaceful, like a garden of Eden being balanced, with very fertile land. Alda felt that it was refreshed by the presence of water, not just on the physical but also on the etheric level.

Donji Humac

Black Goddess

When analyzing a plan of Brač after our exploration, this association with the Black Goddess appeared. When we visited this village we had a strong sense of imbalance: a dominance of quite a twisted kind of male energy. In Donji Humac I felt quite sick and very blocked in my solar plexus, which was probably related to the imbalance of power.

Urša found it fascinating that this place was like from another continent, a bit African with a bit of a liberating craziness. Alda commented that there is a strong presence of abusive male energy. Above the village, beyond the church, we found a wood, which was more peaceful. In our group of four we felt, that we were only able to witness this place at this point, and decided to re-visit this location during the next workshop.



Koloc Nature Portal

Koloč is natural stone arc, located within olive groves. This leads very obviously to the thought that it might be a portal. When looking through the opening one's gaze focuses is on an outcrop of stones higher up the hill, which Urša and Alda visited a few days later.

To me it appeared that the arch it might have been used in the past as a place of transformation: to shed what needs to be shed, and to step through the arc into a new life.

Urša said later that she perceived it as vein of special stone beings that binds the island with the mainland like an umbilical cord one side and may- be ends at the top of its omphalos hill.

Alda felt heavenly connection within her body, airy qualities and a strong presence of elemental beings. A good place for meditation, dreaming and inspiration.

Turski Bok

Located on the south-western coast, this bay is part of the longest stretch on the island that is not easily accessible by car, and only bears a few traces of agricultural use. To the west of it is a fish farm, but the land is not developed. Energetically this area feels open and present.

On this occasion we explored the bay and took a quick dip in the cool April water.



Dračeva Luka & Dutic Cosmic Heart Centre

This is the place that first drew me to Brač and of whom I was told to be a guardian. This ruined monastery that was set up early in the 16th century by the Slavic order during the Turkish invasion of the mainland republic Polica.

This was our third group visit. Alda and Urša agreed that our previous healing work has had some impact, and it feels now lighter. Having said this, Dračeva Luka still needs a lot of geomantic transformation to regain its balance. We first explored this location individually and felt different places.

Alda walked down into a former garden below the cave and felt how all along the Southern part, Dračeva Luka was disconnected from its surroundings. The barrier felt like a light white curtain. When she was in the cave chapel, Alda had the notion of birds flying out and received the message to be gentle and respectful. She felt like giving the chapel a gift. When exploring the point of grounding above the chapel, Alda perceived that something was stabbed there. The deeper she went into the Earth, the more grounded she felt.

Urša perceived that that the dualist world – a principle that featured strongly with the Bogumils – is now dissolving like growth out of the opposites that comes after the rain.

In the chapel I had the notion that the dragon wanted to be caressed – loved and acknowledged. What also came was "With Christianity as your backing, go forwards into a new direction." So far the healing impulse of new energies seems to touch the Southern edge of the monastery, and it



is time to connect all parts of the monastery. It also needs more grounding and clearing of the spiritual channel.

Ute felt that the heart energy was very tangible, soft and sweet. She also perceived that there were many layers of cultural and natural origin.

Angela perceived that Dračeva Luka was energetically very powerful, grounded and full of vital energy. Sadness is focused on many levels and resonates with her own like a mirror. For Angela it gave the impulse to reconnect, transcend the pain and find a new expression.

Jointly we visited the local point of balance to the side above the cave. Ute saw yellow, the colour of the Solar Plexus and felt activity in her index finger.

For me there was a column of white light with a strong connection up- and downwards. This point felt balanced and positive, and capable of giving a healing impulse to the remainder of the site. It could also be an island of light – a centre of new energy that is presently opening up showing the aspect that all life is interconnected. I also felt an earth energy line running along the contours of the land.

Angela also perceived a column of light, but also the presence of pain. Urša experienced this point as an angelic focus. To Alda the place had a sweet quality, which was flowing in all directions. A heart appeared that was divided by an axis into a right and left part, then the division was taken away and there was a sense of healing.



We toned in the cave to strengthen the connection with the sources of new energies in the sea, to ground the place and clear the blockage of the spiritual channel.

Dutic

This is the nuns' convent to the West of Dračeva Luka. It feels well connected with the ancient landscape. At the same time it seems that its former inhabitants had not fully stepped into their power.

The examples of Dračeva Luka and Dutić show clearly that male and female energies are more likely to create balance when they are intertwined and able to flow with one another.

Zlatni Rat

Dragon's Mouth - Angelic Focus

This is the location where the dragon's path connects with the sea. This narrow stretch of pebbles reaches far into the sea and changes shape with wind and waves. So it is half land, half sea. During my trip on the Adriatic two years ago, I asked the sea what its purpose was, and received "I transform outdated patterns." This, I believe, relates to mental patterns in humans. Zlatni Rat is the most famous beach in Croatia, and I am sure that quite a few tourists are clearing their minds while lying on a deck chair, which is incidentally decorated with a spiral, which was chosen to be its symbol.

This time I was taken under the sea and shown the landscape there. The sea bed seems to fall slightly towards Hvar, but then steeply forming a deep narrow canyon, of which I could not see the base. I also became aware that a church on the island Hvar is aligned with Zlatni Rat.



Pan & Trees Around

Peace and unity, balance point

The former focus of Pan, and the surrounding mature pine trees are located on a high plane in the centre of the island, which slowly rises up to the island's highest peak Vidova Gora. Ute felt particularly drawn to the trees around here, and felt that it was a focus of a planet. The others had a sense of balance and wellbeing there. I believe that this is the island's area of balance.

Trilovke

Connection to the stars

After that, we took a trip to Tri Lokve, three small circular lakes on the high plan, East of the peak. This area seems to have been a meadow for centuries due to the presence of water. I perceived a donut-shaped circle of light floating above the high plane, which embodied foci with a range of planets. The bleak stretch of land north-east of the ponds seemed to have a distinct Yang focus, and seems to be out of this world. The part in the north-west appeared as Yin. So I suggested that these might be Yin and Yang foci of the island.

For Urša, this meadow was part of the system of a deep round valley next to it, Duboki dolac, which might be the outbreath of Brač. She also felt that the human presence here has not injured the natural spirits and that this could be a place of contact between the elemental and the angelic world. Alda felt that this is a very magical place and very different from any other places on the island.



Alda's photo on the right shows countless orbs, which illustrate the presence of angels and elemental beings.

Obrzje

This is a ruined village of about 30 houses, 500 metres above sea level. It seems to have been serving the former monastery Blaca, which became the best known on Brač. We visited with the intention to investigate if this might be a possible location for our GeaViva project. Energetically it seems clear, however, that the cycle of intense human activity in this area had come to an end, and should not be revived.

We followed a footpath westwards towards Blaca, and the others were drawn to a crest, with steep rocks on two sides.

Vran

Place of vocalisation, Throat centre related to ancestors

Angela named Vran a place of vocalisation. According to her, this is a location to communicate with the ancestors and speak out intentions.

The rocks reminded Urša of vocal chords, and the entire hill had a distinct quality of air. For me it felt like a place of grounding, communion with ancient wisdom and the ancestors. It acts as a counterweight to the activities taking places in other parts of the island.

For Alda knowledge of the land is stored here.



Sv. Vid

Angelic Focus, Manifestation

For Urša, this was a point, on which the spiritual manifests itself. Previously I had the sense that souls are descending here to be reincarnated. There also seem to be a magnificent structure above in the air made of light rays. Before this seemed angular, but now its shape was completely organic and dynamic.

This time we were on Vidova Gora just after heavy rain, the wind was still strong and we enjoyed watching the mist lifting from the sea below and the heavy dark rain clouds forming fast above us. It was cold and we kept our investigation brief: the hospitality of the bar was more appealing than standing on a cold windy mountain peak.

Hvarski Kanal

Cosmic Focus in the Sea

On our last day we took a sailing trip to the bay below the former monastery Blaca with an acquaintance. Sailing to our destination, we passed closely to a point in the Hvarski Kanal, which in a previous workshop we identified to be an extraterrestrial focus in the sea.

Ute saw a fluid pipe and a brown crack in the seabed. There were also flashlights.

Urša felt that the entire sea functions as a reservoir of cosmic information which it distributes across the land in flashing lights that flicker whenever there is a resonance.



When preparing for the workshop my perception was a violet disk on the sea bed with a glass top. When I entered it, it was an enormous violet space, which was prepared for something to happen.

Blaca

Earth-focused Heart Centre for Brač

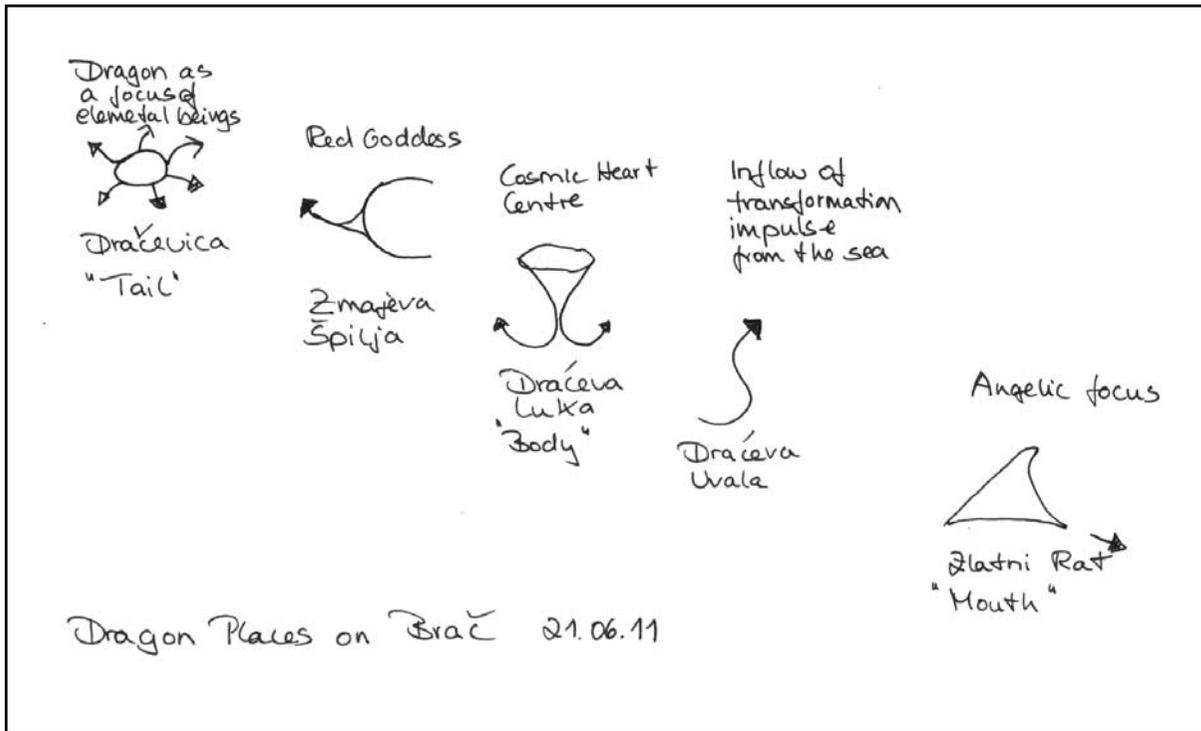
Despite its past as a monastery, Blaca seems very Earth-bound to me. Its energetic quality has close links to the past, and is connected to the hill Vran we visited before. Alda noticed that there were lots of deep holes in the rocky walls around it that seemed to sing with the vibration of their vocal chords. At the same time it also has a distinct heart quality.

Dragon Places on Brač

Dragon forces relate to the vital energy level of the landscape, and nourish all life on Earth. Their quality is fiery, and beyond human control. These forces are mostly subterranean, river-like streams of energy, often related to mountain ridges. It often strikes me that spending time in these locations, and consciously relating to them is beneficial to humans, and replenishes our vital energy. At the same time dragon forces can also be very intense and restless, so to live on these lines would just be too much. On Brač I perceive the dragon energy to originate in the sea, to flow up in a wide band from Zlatni Rat (Golden Horn) and Dračeva Uvala (Dragon's Bay) to the ruined monastery Dračeva Luka (Dragon's Harbour) on the slopes of Vidova Gora. Then I felt it again at Žmajeva Špilja (Dragon's Cave) and finally at Dračevica, close to Dragonjik (Dragon's place) the name of the landscape and quarry.



Photos by Alda Gerchi, Urša Vidic, Dragutin Keser and Sabine Engelhardt.



Summary

For Angela the main quality of Brač is 'Geborgenheit' – a word for which I have not yet found an equivalent in English. I can describe it feeling unconditionally accepted and supported.

For Alda, Brač represents an incredible opportunity to uncover and activate feminine presence in the landscape. The presence of the heart quality is enormous and ready to be implemented in all aspects of the island.

For me the special quality of Brač lies in the combination of its cosmic heart quality and the strong dragon force that gives great vitality to landscape and people alike. The latter shows itself two fold: as a creative and sexual impulse. At the ruined monastery Dračeva Luka, the original energetic quality is still deeply hidden. In our next workshop we will focus on male and female energies and their manifestation on Brač, and to uncover deeper layers of how this aspect manifests in the landscape.

Sabine Engelhardt

For more information, please visit www.leosgea.hr or email to sabine@leosgea.hr.

The future centre on Brač will be called GeaVlva, and you can find us on facebook under this name.